

Chris's epic trek to China

A CYCLIST who completed a gruelling 16,500-mile trip over land from Bewdley to Beijing has brought out a book chronicling his adventure.

Chris Smith, aged 44, clocked up 80 miles a day during the epic journey, which he embarked on after being made redundant from his job as a transport manager.

Keen cyclist Chris decided to make the most of his free time with the 12-month trek.

He made his way through France, Austria, Hungary, Rumania, Bulgaria, Greece, Turkey, Iran, Pakistan and India, managing to live on just £10 a day and sleeping rough. He funded the journey himself, so it was not a luxury trip - he often slept out in woods or river beds.

Chris has put pen to paper to write *Why Don't You Fly? Back Door to Beijing* - by Bicycle. The book can be bought from Bewdley Books or ordered from most good book shops.



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Chris Smith has written a book about his experiences cycling through China